



FMC Weekly - January 24, 2019

The weekly newsletter of First Mennonite Church of Denver

Sunday, January 27

9:30AM Worship

Come early to enjoy pre-service music from Ethan and Isabel Mullet and Sonia Graber. Karin Kauffman Wall of Mennonite Central Committee Central States will share about her journey with the Doctrine of Discovery. Glenn Balzer will lead worship, Candace Fleming has children's time, and Sonia Graber will lead singing. The worship service will be a bit shorter than usual in order to allow more time for the Loss of Turtle Island experience during Adult Education.

After the worship service in the Community Center

- ◆ Join us for coffee
- ◆ Purchase grocery cards to help support the FMC Ministry Plan

10:45AM Education Hour

◆ **Sunday School for ages 2-18**

◆ **Adult Education:** The Loss of Turtle Island is a participatory learning experience that depicts the historic relationship between European settlers- including Mennonites- and the Indigenous nations, the original inhabitants, of the land we now call the United States of America. Blankets represent the land and participants represent distinct Indigenous nations who experience colonization, genocide, broken treaties, forced removal, assimilation and termination- all in the spirit of the Doctrine of Discovery. Erica Littlewolf (Indigenous Visioning Circle Program Coordinator) and Karin Kaufman Wall (Peace and Justice Education Coordinator) of MCC Central States will facilitate.

*****Do you have an announcement for Sunday morning?** Please email, text, or hand your announcements to Glenn by 9:05am on Sunday.

Doctrine of Discovery- Winter 2019 Theme

The worship theme through Easter will explore the Doctrine of Discovery. Pastor Glenn's sermons will follow Bible Reflections written by a diverse group of Anabaptist leaders from around the world. Make sure to pick up your copy of the Bible Reflections booklet on Sunday, if you missed getting one last week.

There will be opportunities for deeper study and discussion through Adult Education and Lenten small groups. Visit www.dofdmunno.org to learn more through readings, reflections, and an introductory documentary video.

Deb Schaffer, Candace Fleming, Donna Swartzendruber, Jordan Penner, and Glenn Balzer will be giving

direction and leadership as we journey together.

Our FMC Community

Due to the government shutdown, Native Americans who live on reservation land are not currently receiving basic necessities promised them through federal statutes and treaties. **This Sun, Jan 27, we will be collecting basic necessities for the Oglala Lakota American Indians** who live on the Pine Ridge Reservation in South Dakota. To view the list of needed items, [click here](#). Questions? Contact Donna Swartzendruber (303-333-8488).

We only need \$300 to meet our fundraising goal of \$25,000 for Joseph's Storehouse! This FMC program that provides direct assistance to people on the Westside needing emergency rent and utility support. Your gifts help our Westside neighbors remain in their homes. Write your checks to FMC with Joseph's Storehouse in the memo line. Contact the office with questions.

The Goshen College choir and orchestra is coming to FMC! The students will be arriving on Sat, Feb 23 and will perform as the worship service on Sun, Feb 24. There are multiple opportunities for you to help host the students. Use the links below to sign up to help with meals and/or host students overnight.

Sat, Feb 23 evening meal: [click here to help setup, serve, or cleanup](#) or contact Lola Hershberger

Sat, Feb 23 overnight hosting: [click here to host students overnight](#) or contact Susan Falk

Sun, Feb 24 lunch: [click here to help provide food](#) or contact Susan Falk or Anita Miller

It is with great joy that we announce that **Nick VanWagner has successfully auditioned for the All-State Choir**, comprised of high-schoolers from across Colorado. They will be performing Sat, Feb 2 at 4:00pm at Temple Buell Theater. Tickets are available through [axs.com](#). (Mark & Darcey VanWagner)

Save the Date! March 8-10 is the Venture Club snow camp at Rocky Mountain Mennonite Camp. This event is open to EVERYONE and so much fun! Come enjoy the snow and a great weekend of building community. Registration information coming soon.

2018 Contribution Statements: You should have received your 2018 year-end contribution statement this week. The statements went out by email on Tues, Jan 22. Check your inbox for an email from Bill Mickles, the FMC bookkeeper. **If you did not receive your statement**, let the office know and we will get it to you.

Attendance Jan 20: Adults- 116; Children- 32; Total - 148

Sunday School

What's happening this week:

PreK, K2, and Venture Club: no class

Kids ages 1 to 5th grade will be overseen by sitters from the Mother's Helpers agency who will be available from 10:15am to 12:45pm so that parents and teachers can participate in the Turtle Island experience!

For families to do this week:

Read books about Native Americans: www.thebarefootmommy.com/2018/10/native-americans

Looking ahead:

- ◆Jan 25-27: RMMC Jr High Snow Camp
- ◆Jan 25-27: MYF retreat at RMMC's Eagle's Nest
- ◆Feb 8: MYF to Colorado Avalanche game (vs Vancouver Canucks!)
- ◆Feb 15-17: RMMC Sr High Snow Camp
- ◆March 8-10: Venture Club at RMMC

Caring for Each Other

From Living Light of Peace: We are sad to tell you that **John Burton** died last Sat, Jan 19. A memorial service is being planned for Wed, Jan 30 at 2pm at Living Light of Peace (5927 Miller St, Arvada CO). Cards for his wife, Christie, or daughters, Holly and Jennifer, may be sent to : 8325 Moore St, Arvada CO 80005. Memorials may be sent to: [Sharing the Love of Reading c/o Jefferson County Library Foundation](#).

Follow the Burkholder Family blog at: wonderwandertw.wordpress.com

Happy Birthday Jan 25-31

- 25- Lois Dewhurst
- 25- Shelva Leep
- 27- Ruthie Knowles
- 27- Evan Miller
- 28- Ana Fiz
- 28- Anita Miller
- 29- Isabella Gibson
- 29- Linda Wyse
- 31- Jan Griffin

Happy Anniversary Jan 25-31

- 29- Del & Joann Roupp

Upcoming Sundays

Feb 3

Worship: What we imagine in our minds becomes our world. This week we consider three stories, three possibilities, and a new way of being. Glenn Balzer will preach from Luke 15 which pushes us to a space of vulnerability and, in this space, new ways of being emerge. (Bible Reflection 2)

Adult Education: Contemplative living through mindfulness and yoga led by Jill Schmidt and Ben Gerig. Dwelling spiritually involves self-discipline, compassion for oneself and one's neighbor, and a visceral connection to the divine. Come learn how mindfulness and yoga are a bridge to get us back to feeling "at home." Ben and Jill will share their personal experiences with contemplative living through yoga and mindfulness, which has led them on an unexpected journey, sharing it with others.

Feb 10

Worship: Glenn Balzer will preach from Deuteronomy 30:15-20 and Luke 14:25-33- Trail of Death, Trail of Life. Today we explore the possibility of writing a new story, a story of reconciliation, redemption, and inclusion. (Bible Reflection 3)

Adult Education: Have you ever wondered when or why busing stopped in DPS? Come to Adult Ed for

part 2 of the **Women Bridging Borders Equity in Education**, and find out more about the state of education in Colorado. Rod Stutzman, Dave Harguth, Lynn Williams, and Lori Oswald will be part of a panel discussing education in DPS, past and present. Ivanna will be moderating. If you missed our class last fall, consider watching this excellent PBS video that looks at the history of segregation and busing in Denver: [Standing in the Gap - Far Northeast Denver | Race in Colorado](#)

Feb 17

Worship: Glenn Balzer will preach from Genesis 26:1-33- Alternatives, how does the recognition that the faith community is a community of aliens and strangers shape and transform the ways in which it relates to others? (Bible Reflection 4)

Adult Education: Ask Pastor Glenn a question!

Feb 24

Worship: Goshen College Chamber Choir and Orchestra's Sunday morning concert at FMC will kick off their western tour. Both the Chamber Choir under the direction of Dr. Debra Detwiler and the Chamber Orchestra directed by Dr. Jose Rocha will perform separately and they will also combine for several selections including the *Te Deum No. 2 in C* by Joseph Hayden and *All of Us* from *Considering Matthew Shepherd*. The concert program is a collection of music that expresses gratitude and welcome to all. Striving to affirm the power music has to transcend time and place bringing all together in the spirit of acceptance.

Adult Education: Part 3 in the Equity and Education series hosted by Women Bridging Borders

In the Building this Week

Thurs, 6:30pm- Mindful Yoga (Community Center)
Sat, 6pm- Casa de Paz event (Community Center)
Sun, 1:30pm- Advance Directives event (Community Center)
Mon & Wed, 9:00-11:30am- Direct Assistance Office (Community Center)
Mon, 5:30pm- Denver Children's Choir rehearsals (whole building)
Tues, 4:00pm- Colorado Circles for Change (B21 & Commons)
Tues, 6:30pm- Worship Team meeting (Office)
Wed, 9:00am- Quilters (Commons)
Wed, 5:30pm- SOAR Choir (Community Center, Sanctuary, Commons)
Wed, 6:30pm- FMC Outreach team meeting (Office)

--Contact [Marie](#) to list your team meeting in this section.

Market Square

If you want to sell, buy, trade, get a ride, find a roommate, find an employee, find a job, find sponsors, or advertise an event requiring purchase of tickets, this section is for you. (Note: Official functions of Mountain States Mennonite Conference or its congregations excepted.) E-mail your announcement to the church with "Market Square" in the subject line. It will run one time but may be resubmitted. Deadline is midnight Wednesday.

House for rent in SE Aurora: 2 bedroom/1 bathroom with a patio, one-car garage, and a French room. If interested, call Eli Gehman at 303-366-6516 and leave a message.

Around Denver and Mountain States Mennonite Conference

Teen Anxiety & Depression- Free movie screening of *Angst* and a Mindfulness Class

Anxiety disorders are the most common mental health challenge in the US, impacting 54% of females and 46% of males, with age 7 being the median age of onset, according to the World Health Organization. In other words, about half of us are currently struggling with anxiety.

Green Mountain High School in Lakewood (13175 W Green Mountain Dr) is hosting a free community screening of the movie [Angst](#) on Tues, Jan 29 starting at 6pm. The film is 52 minutes long and followed by a Q&A with a panel of mental health experts. RSVP if you can: <http://bit.ly/rmmovienight>

The beauty of this film is that the children and young adults featured openly talk about their experiences with anxiety and other mental health challenges. For some of them, it's the first time they are publicly sharing their stories. Our hope is that their candidness and bravery will inspire our community to do the same. One of the experts in *Angst*, Dr Jerry Bubrick, Sr Director of Anxiety Disorders Center at the Child Mind Institute, sums it up: "Anxiety disorders are real, common, and treatable. Getting help early is crucial in giving people the tools they need to feel better, we just need to start the conversation."

One tool that is research-based and accessible to all is the practice of mindfulness. There is a four week class being held at Mile Hi Church in Lakewood- Teen Mindfulness on Sundays in Feb from 11:45am to 1:15pm. Cost is \$50. [Click here for more information.](#)

Please contact Ann Leonard with questions about either opportunity (lynnannleonard@gmail.com or 720.284.7795)

The MSMC community is cordially invited to the **Ordination service for Amy Zimbelman**, co-pastor of Mountain Community Mennonite Church, Sun, Jan 27 during our morning worship service at 9:30am. We welcome your support on this special occasion for Pastor Amy and our congregation! MCMC is located at 643 Hwy 105, Palmer Lake, CO 80133; phone: 719-481-3155.

The MSMC community is cordially invited to the **Ordination of Randy Spaulding**, Pastor of Boulder Mennonite Church. The service and celebration will be Sun, Feb 17, 2019 at 5:00pm at Boulder Mennonite Church, 3910 Table Mesa Drive, Boulder, CO 80305. A reception will immediately follow. Please RSVP or send any questions to churchadmin@bouldermennonite.org or 303-443-3889.

Prince of Peace Church of the Brethren in Littleton, CO is hosting a **RAWPOWER Tools Nonviolence Workshop** on Sat. Feb 16, 9AM-3PM. Beyond flight or fight, nonviolent RAWPOWER opens possibilities. Gain confidence and practical tools for preventing and de-escalating volatile situations- and discover inspiring resources for nonviolent transformation! The workshop is led by Mary Sprunger-Froese from Colorado Springs. Free but registration is required. Lunch provided. Call 303-797-1536 by Feb 11 to register.

Journey Forward Retreat: Join Leadership Board, Conference Ministers, and others for a short review of where we've been and a longer conversation about where we want to go together. This retreat is open to all who are interested in the health and future of our MSMC community. The retreat will be Sat, Feb 16 from 9am to 2:30pm at FMC Denver.

Please email [Jen](#) to RSVP.

For more information about our conference and latest issue of ZING!, go to mountainstatesmc.org

Mennonite Church USA and Beyond

Mennonite Church USA

Early registration for MennoCon19 opens on Feb. 6, 2019. Visit convention.mennoniteusa.org/registration now to find rates, forms and additional information.

Step Up 2019: Youth ages 16-21 are invited to join the MennoCon19 delegate sessions in Kansas City. Early delegate sessions will seek to approve these youth representatives as official voting delegates for the remaining sessions. Congregations may nominate one youth delegate, and conferences and constituency groups may nominate two. A “youth delegate” option will be available on the registration form. More programming to come for youth delegates to connect and to prepare for their delegate role!

Mennonite Mission Network: Naomi Tice of MMN serves with Urban Light in the United Kingdom. Pray for wisdom and patience in this ministry of engaging with young adult volunteers who help lead youth and children's clubs.

Mennonite Central Committee welcomes alumni to host reunions at the Welcoming Place in Akron, PA in 2020 as we celebrate our 100th anniversary. To see if a reunion is already scheduled for the country where you served or to organize a reunion, contact alumni@mcc.org.

The MCC Central States board of directors invites you to their Annual Meeting on Feb 23 at 10am at MCC in North Newton, KS.

Summer Peacebuilding Institute at the Center for Justice & Peacebuilding:

To build a more peaceful and just world, we need to work effectively at community and local/regional levels in every country, starting with our own. SPI 2019 training courses offer the skills you need personally and professionally to make this happen. Join us for an exciting time of shared learning across national boundaries. All courses are offered for training or academic credit. [Click here for more information](#) on courses at SPI 2019, interviews with faculty, and our annual Community Day event on Feb 15, 2019, that creates a one-day SPI in miniature. (Eastern Mennonite University)

For more information about our denomination, go to mennoniteusa.org

Other Information

Sermons are posted on fmcdenver.org when available.

FMC Emergency Closure: When weather or any other emergency event necessitates last minute cancellation of worship or other events here at FMC, the following procedure will be followed: 1) The cancellation will be posted on the FMC website. 2) A recorded message will be left on the FMC main line at 303-892-1038. 3) The cancellation is posted on Channel 9. 4) The cancellation will be posted on Facebook. You can view closing information online anytime at www.9news.com/closings or by visiting mobile apps for smartphones.

Website: fmcdenver.org

Phone: 303-892-1038

Deadline for announcements is Wednesday midnight. Please send announcements to Marie Voth at marie.fmcdenver@gmail.com. Announcements run one time. Please rewrite and submit a fresh announcement if you want your announcement to run a second time.

If you no longer wish to receive these emails, please reply to this message with "Unsubscribe" in the subject line or simply click on the following link: [Unsubscribe](#)

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